

Pacific Challenge: Oregon

Summer 2012

Why not come to Oregon! An exciting 2-week challenge is coming your way this summer! We will be participating in all sorts of Pacific Challenge type adventures while soaking up the sunshine and beautiful scenery of the Pacific Northwest. This 'full on' 2-week outdoor adventure is designed to provide outdoor pursuits and Pacific Challenge students an exciting interlude during the summer, all at a very minimal cost. Three to six credits may be available to those who require it.

PROGRAM OVERVIEW

Program Dates: The program starts and finishes in Portland, Oregon. There will be two itineraries offered this coming summer; the first beginning June 19th ending July 2nd. The second program will begin on July 17th ending on July 31st. These dates may change a little but will be confirmed closer to the time as the trip fills.

Travel to and from Oregon: Students may elect to carpool or fly; either way these costs are separate from the program fee. If students choose to fly, they will pay a little extra but may find fares as low as \$200 for a one way ticket with careful sleuthing.

Group size: 12

Itinerary:

Travel to beautiful Portland Oregon

Upon arrival in Portland, we will head to Dave's for a meet and greet. That night we will set up camp in Dave's backyard, have dinner in Portland, and check out Portland's night life.

Day 1: A pleasant 2 hr drive to the Oregon coast. Our group will spend the day surfing, sightseeing and craft shopping along the spectacular coast line, then follow the beaches down to Florence spending the night in this delightful little fishing town. Supper tonight will include sampling the local clam chowder and sea food.

Day 2: We will start today off with a horse ride along the rugged beaches, enjoying views of the Pacific Ocean and the spectacular rocky headlands. After lunch it's time to explore the extensive sand dunes and freshwater lakes this area is known for, either on foot or optionally by dune buggy. What a blast! Later in the afternoon we will make the short picturesque drive through the coast range, inland to Eugene, where we will spend the night in local accommodations.

Day 3: This very scenic University town, nestled at the foot of the Willamette valley, provides the gateway to the mighty Cascade Mountains, and surrounding whitewater rivers. Our morning will start out with a warm-up paddle on the Willamette River, a very pleasant intro to this wonderful little timber town. The afternoon is spent shopping in the Eugene markets, and an evening meal at the 'Green Turtle with still a final 'debrief' at McMenamins micro brew.

Day 4-6: The real stuff starts!...Time to get serious now. A short drive high up into the beautiful Oregon forests to establish our base camp on the banks of the delightful Mackenzie River for 4 days. What a superb place to camp, a place where we will be conducting our whitewater kayaking, rafting, hiking and mt biking clinics in this scenic mountain paradise. A nice conclusion to each day may see us soaking in the local hot springs or even trying our hand at the sport of fly fishing..maybe both!

Day 7: Sadly, this afternoon, it's time to pack up and leave this whitewater paradise in search of greener pastures driving east to Sahallie Falls, a spectacular piece of mountain wilderness. The area includes a number of dramatic waterfalls and scenic hiking trails amidst a recent volcanic wonderland. Amazingly, some of these waterfalls have been kayaked...unbelievable!.. Following a little exploration, it's time to leave the falls and head up into the Mount Washington wilderness, a climbing challenge waiting for us all.

DAY8: Gearing up, complete with Ice axe and crampons we'll have a crack at tackling this peak. The climb will take us about 9 hours... rigorous but well within everyone's ability. What an achievement and what a view! Descending and camping the night at Bear Lake will provide the perfect conclusion to an amazing day.

Day 9-10: And now a change of pace. We will head east to Smith Rock State Park, via the town of Sisters, to give us a look at one of the country's premier rock climbing sites. Spectacular high desert scenery and towering cliff faces, a superb place to hone our climbing skills. We will revise the basics of top roping, introduce the concept of lead climbing, and experience high desert camping. Indeed, something for everyone.

Day 11: Fulfilled and feeling well tuned, it's time to leave this region filled with mountains and dramatic cliff faces and head back to the rivers. A drive through the high desert plateau and into the Deschutes River canyon takes up our morning. By this time we are ready for our 'kick back' 4 hour raft trip, through this spectacular Indian owned river canyon. The river is graded 3/4, just right for a 'splash and a giggle' under the hot desert sun. Tonight we will camp on the river bank, under an amazing night sky.

Day 12: Wakey wakey! It's time to head back down into the Hood River Gorge for some....wait for it.. wind surfing! A great spot to check this sport out...again one of the country's hotspots. It also just happens to be the home of the mighty White Salmon River, arguably the best whitewater river in the region. At a fast grade 4, it will provide lots of excitement...and then the waterfall?.. we'll talk about that one.... A night's camping by the Columbia and dinner at the Hood River micro Brew..it doesn't get any better.

Day 13: Haven't finished yet! This morning, following a look around the wonderful little town of Hood River, we'll load up and drive back towards Portland. A chance to take a short hike to the top of the mighty Multnomah Falls in the Columbia River Gorge. Then, what a great way to spend our final night, 'throwing a shrimp on the barby' back at Dave's , going in and watching the fireworks and enjoying the night life in Portland.

Day 14: Whoops!.. Guess it must be time to head home..All good things must come to an end I guess..

Wanna Stay longer?...Can't say I blame you. Let's chat

Equipment List:

- Will be made available upon application.

Medical and waiver forms:

- Will be made available upon application.

Cost/budget:

- **Cost covered by program while in Oregon: \$750.00**
 - All accommodations in Oregon, guiding fees, camping fees, mountain bike rental, white water rafting/kayaking equipment, rock climbing equipment, local transport in and around Oregon
- **Cost not included in program fee**
 - Food
 - Suggest \$10-12 dollars a day
 - Transport to and from Oregon: suggestion... carpool
 - Car Pool: Approximately \$140.00 a person, split between 5 people
 - Flying: cost of ticket
 - Credits if taking classes
 - Normal summer tuition
 - Shopping, souvenirs, night life, etc.
 - Budget accordingly to what you think you will spend

Transportation:

- To and from Oregon, students will have to find own transportation. Suggestion would be to carpool but flying would also work if participants didn't want to drive. Once in Oregon there will be a van to take participants from place to place. The fuel for the van is included in the cost of the program.

Credits:

- Offered 3 to 6 credits. (to be confirmed)
- Classes to be advised
- Cost: normal summer tuition

IF INTERESTED, PLEASE CONTACT ELIZABETH BARLOW OR DAVE WRIGHT FOR A REGISTRATION PACKET.

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